



## Glycation of apoB100 by methylglyoxal reduces hepatic catabolism of LDL and increases the risk of coronary heart disease in type 2 diabetes



**Mikaël Croyal**

Team IV

L'unité de recherche de l'institut du thorax

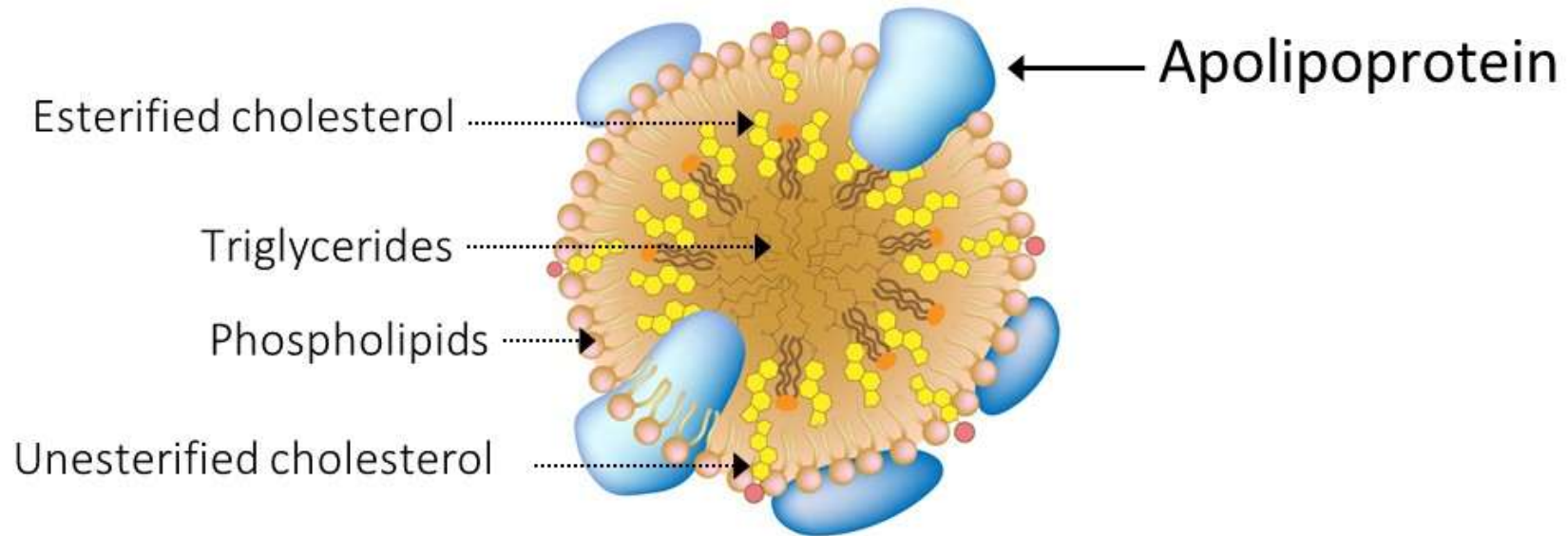
Inserm UMR 1087 / CNRS UMR 6291

Nantes, France



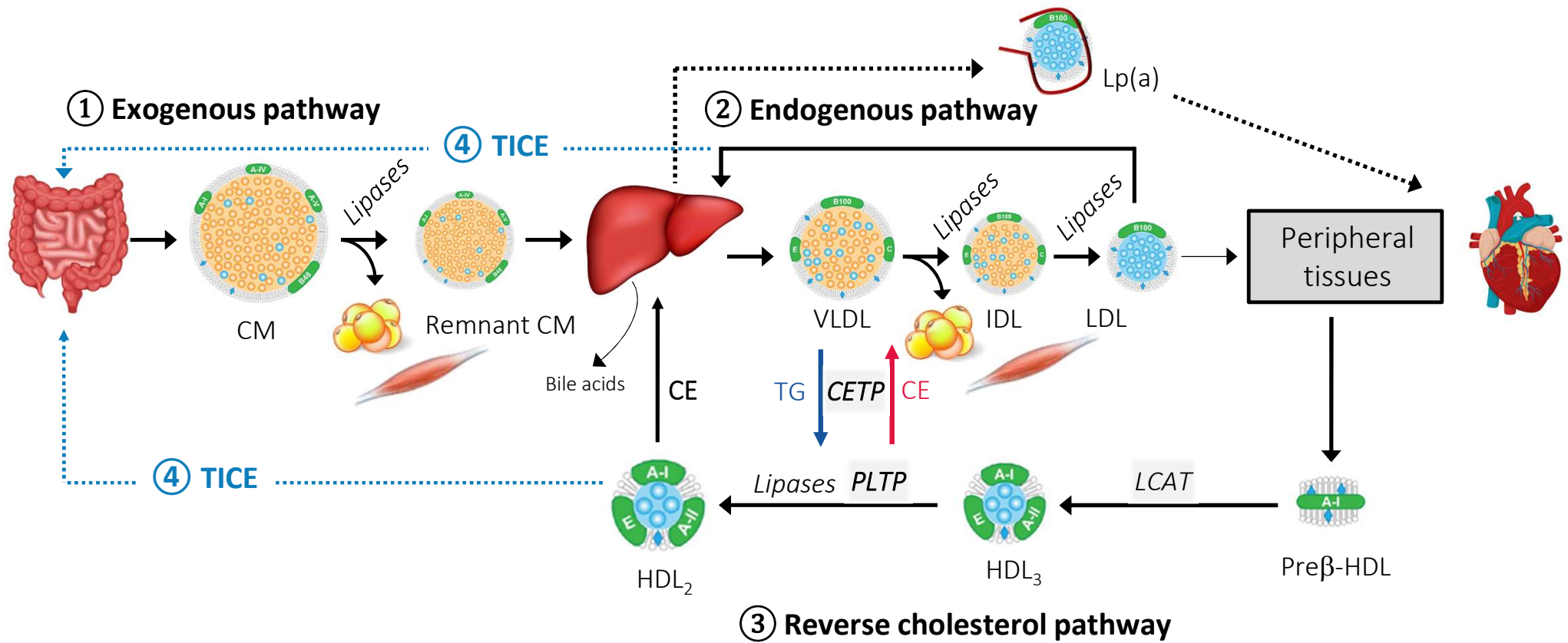
50 ans de l'AE2BM, 2 Octobre 2025

## Apolipoproteins and lipoproteins



**Apolipoproteins govern lipoprotein metabolism**

# Lipoprotein metabolism

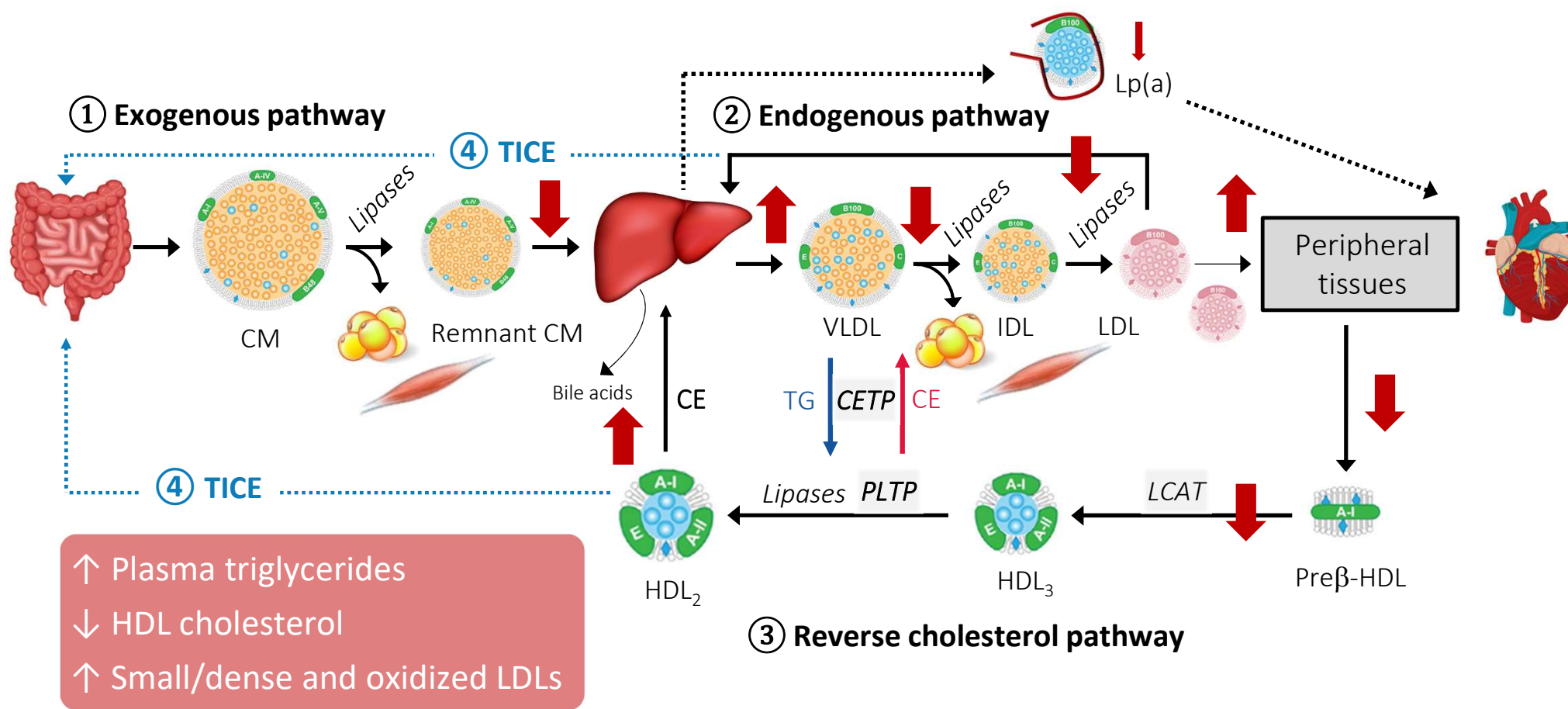


UC: unesterified cholesterol  
 CE: cholesteryl ester  
 TG: triglyceride

CM: chylomicron  
 VLDL: very-low-density lipoprotein  
 IDL: intermediate-density lipoprotein

LDL: low-density lipoprotein  
 HDL: high-density lipoprotein

# Lipoprotein metabolism in type 2 diabetes



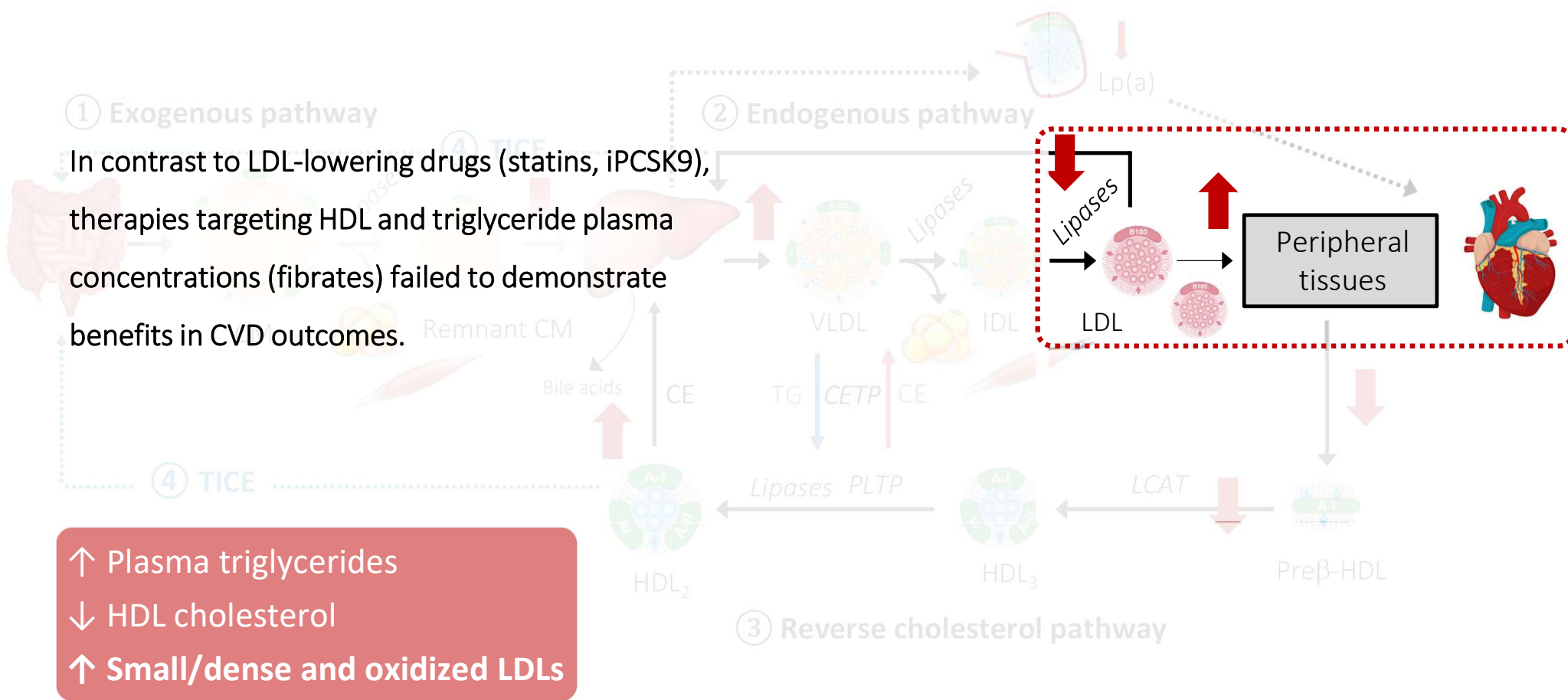
UC: unesterified cholesterol  
 CE: cholesteryl ester  
 TG: triglyceride

CM: chylomicron  
 VLDL: very-low-density lipoprotein  
 IDL: intermediate-density lipoprotein

LDL: low-density lipoprotein  
 HDL: high-density lipoprotein

Vergès, *Diabetologia*, 2015

# Lipoprotein metabolism in type 2 diabetes



In contrast to LDL-lowering drugs (statins, iPCSK9), therapies targeting HDL and triglyceride plasma concentrations (fibrates) failed to demonstrate benefits in CVD outcomes.

- ↑ Plasma triglycerides
- ↓ HDL cholesterol
- ↑ Small/dense and oxidized LDLs

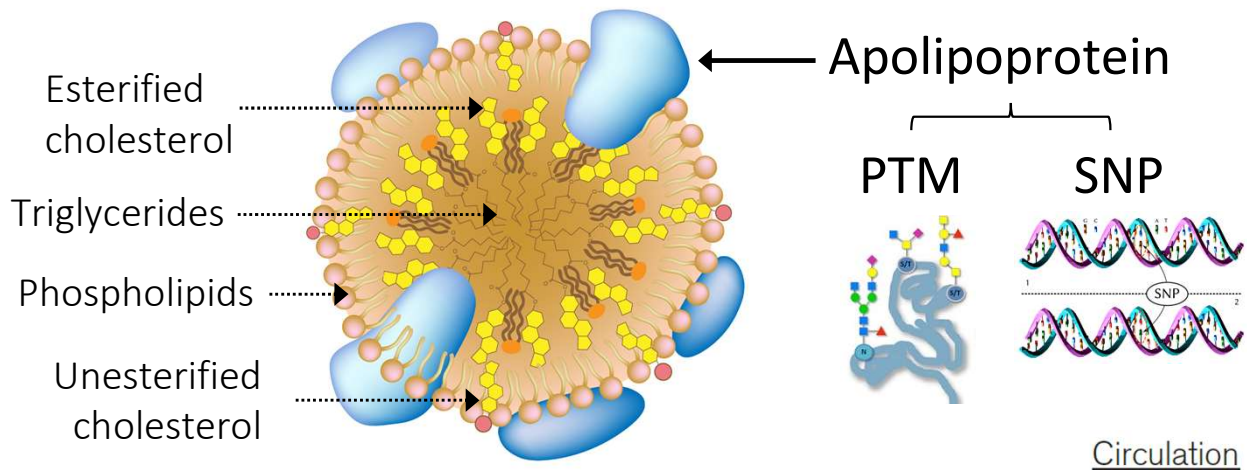
UC: unesterified cholesterol  
CE: cholesterol ester  
TG: triglyceride

CM: chylomicron  
VLDL: very-low-density lipoprotein  
IDL: intermediate-density lipoprotein

LDL: low-density lipoprotein  
HDL: high-density lipoprotein

Vergès, *Diabetologia*, 2015

# Apolipoproteins are powerful biomarkers of lipoprotein metabolism and CVD

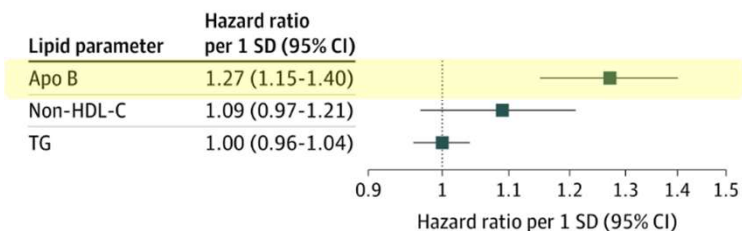


Structural component of lipoproteins

Ligand for cell-surface receptors

Activator/inhibitor of specific enzymes

## Apolipoprotein plasma concentrations predict ASCVD better than plasma lipids



## FRONTIERS

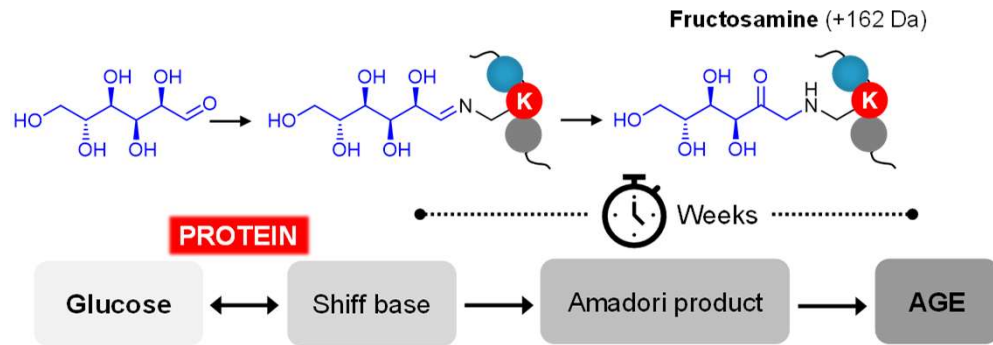
### Apolipoprotein B: Bridging the Gap Between Evidence and Clinical Practice

Diana De Oliveira-Gomes, MD; Parag H. Joshi, MD, MHS; Eric D. Peterson, MD, MPH; Anand Rohatgi, MD, MSc; Amit Khera, MD, MSc; Ann Marie Navar, MD, PhD

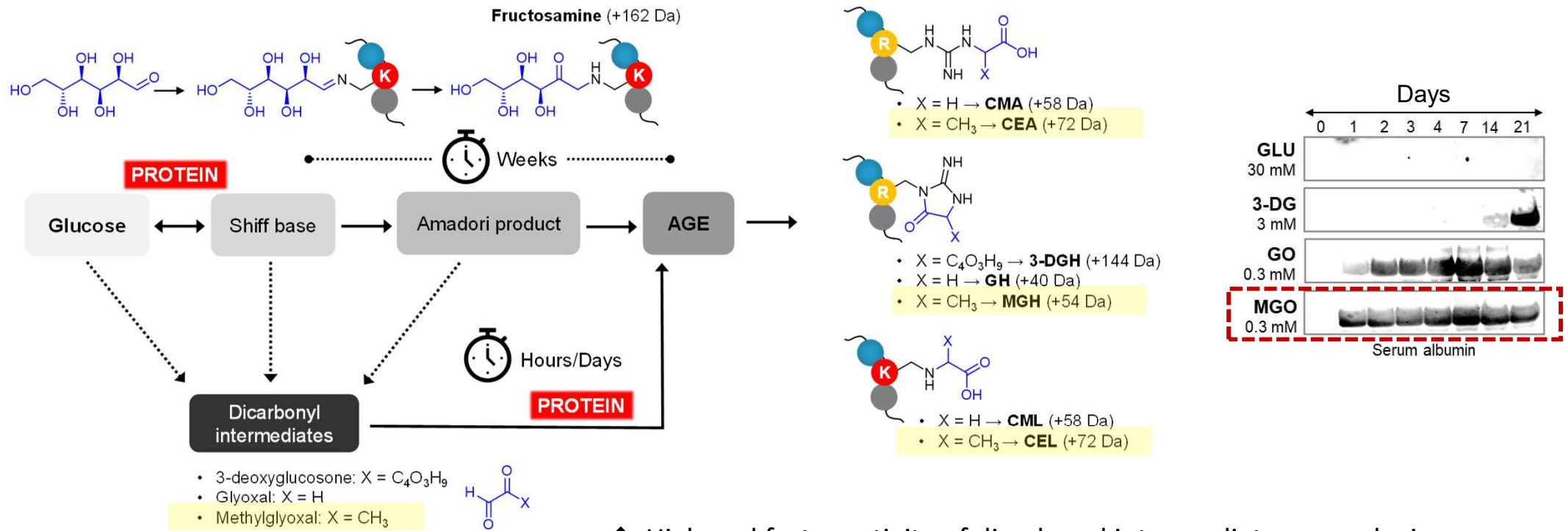
**ABSTRACT:** Despite data suggesting that apolipoprotein B (apoB) measurement outperforms low-density lipoprotein cholesterol level measurement in predicting atherosclerotic cardiovascular disease risk, apoB measurement has not become widely adopted into routine clinical practice. One barrier for use of apoB measurement is lack of consistent guidance for clinicians on how to interpret and apply apoB results in clinical context. Whereas guidelines have often provided clear low-density lipoprotein cholesterol targets or triggers to initiate treatment change, consistent targets for apoB are lacking. In this review, we synthesize existing data regarding the epidemiology of apoB by comparing guideline recommendations regarding use of apoB measurement, describing population percentiles of apoB relative to low-density lipoprotein cholesterol levels, summarizing studies of discordance between low-density lipoprotein cholesterol and apoB levels, and evaluating apoB levels in clinical trials of lipid-lowering therapy to guide potential treatment targets. We propose evidence-guided apoB thresholds for use in cholesterol management and clinical care.

Dominiczak & Caslake, *Ann Clin Biochem*, 2011 - Van den Broek et al., *Proteomics*, 2017 – Martson et al., *JAMA Cardiol.*, 2021 – McQueen et al., *Lancet*, 2008.

# Chronic hyperglycemia promotes the irreversible and non-enzymatic glycation of proteins



# Chronic hyperglycemia promotes the irreversible and non-enzymatic glycation of proteins

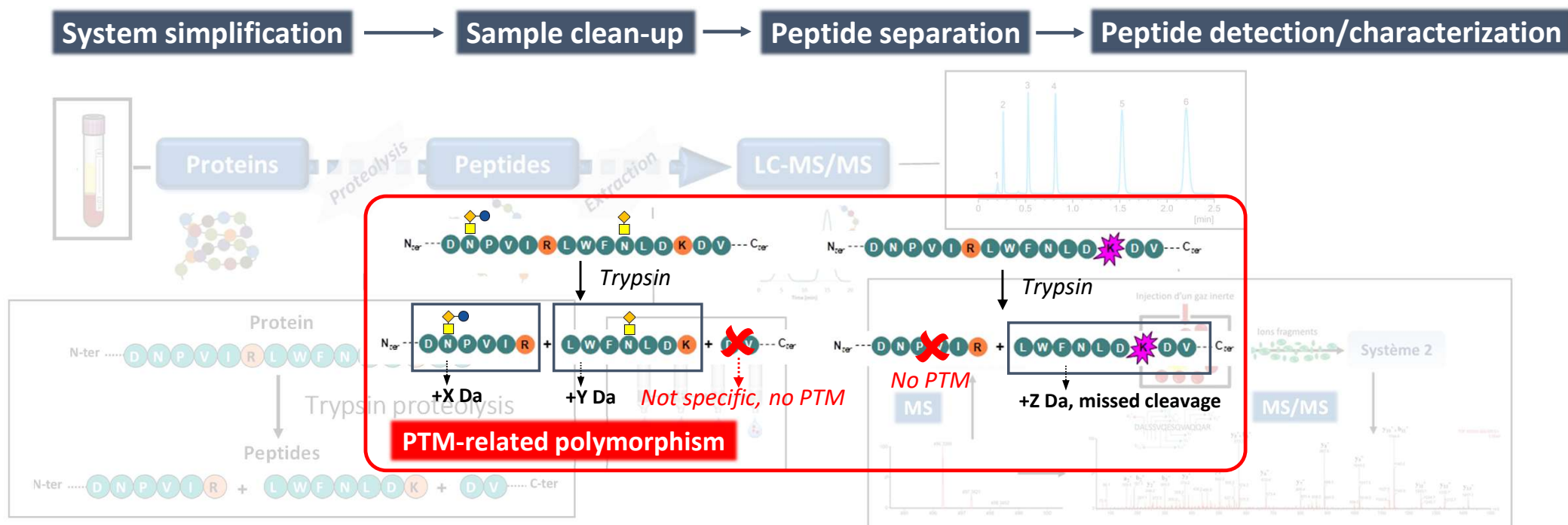


❖ High and fast reactivity of dicarbonyl intermediates vs. reducing sugar

❖ Half-life of apolipoproteins = a few days

❖ ↑ Methylglyoxal (MGO) plasma concentrations = ↑ risk of CVD in T2D

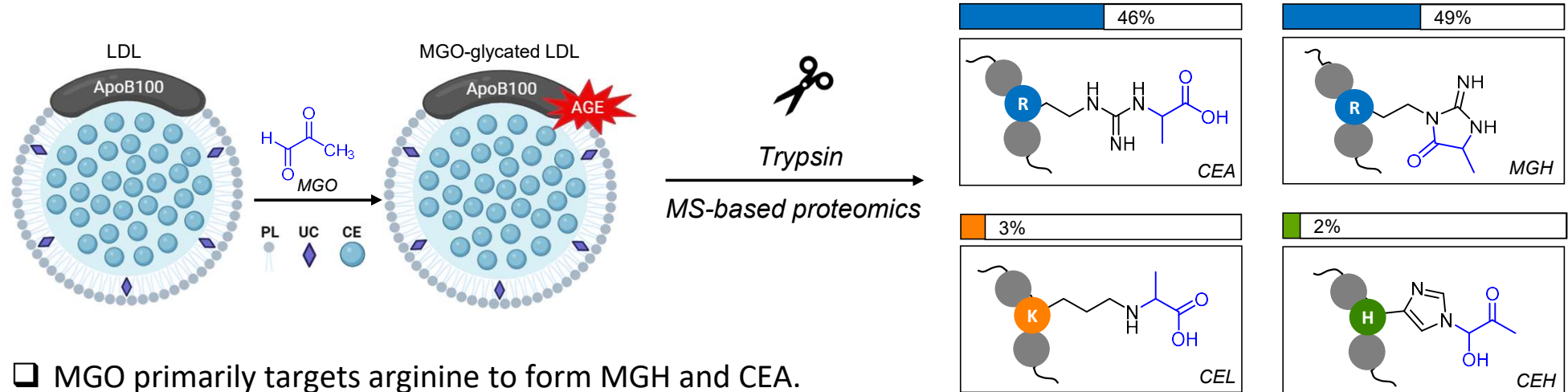
# Mass spectrometry-based proteomics (bottom-up)



- MS enables the absolute quantification of apolipoproteins, the assessment of apolipoprotein turnover from stable isotope kinetic studies and the determination of specific polymorphisms.

Blanchard *et al.*, *J Lipid Res*, 2020

# Identification of a proteolytic peptide representative of apoB100 glycation by MGO



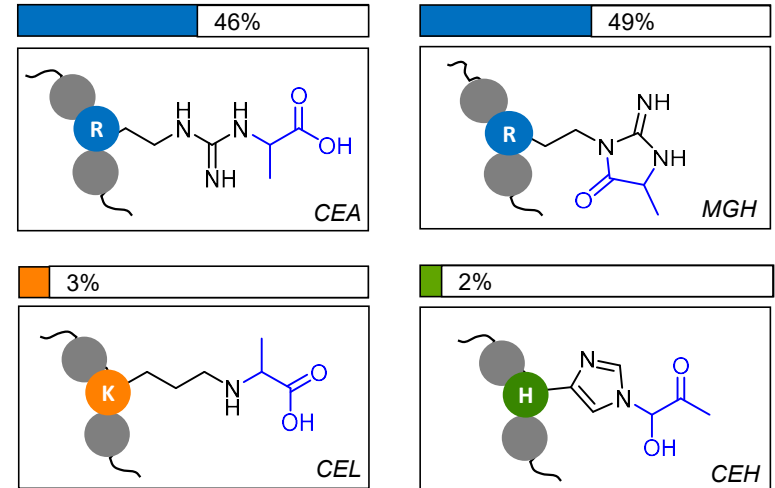
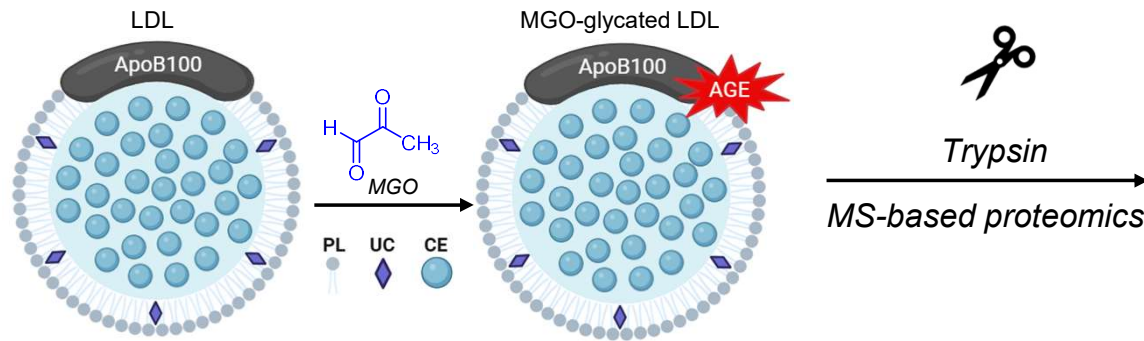
# Apolipoprotein B100

MDPPRPALLALLPALLLLLLLAGARAEEMLENVSLVCPKDATRFKHLRKYTYNYEAESSSGVPGTADRSRATRINCKVELEVQPQLCSFILKTSQCTLKEVYGFNPEGKALLKTKNSEEFAAAMSRYELKLAIPGKQVFLYPEKD  
EPTYILNIRGII SALLVPPETEEAKQVFLDFTVYGNCSHFVTKRKGNAVATEISTERDLGQCDFKPIRTGISPLALIKGMRPLSTLISSSQSCQYTLDAKRKHVAEAIKCEQHFLFPFSYKNKYGMVAQVTQTLEKLEDTPKINS  
RFFGEGTKKMGIAFESTKSTSPKQAEAVLKTQLKLLTI SEQNIQRANLFNKLVTELRGLSDEAVTSLLPQLIEVSSPITLQALVQCQPQCSTHILQWLKRKHANPLLDVVTYLVALIPEPSAQQLREIFNMARDQRSRATLYA  
LSHAVNNYHKTNPQTGTQELLDIANYLMEQIQDDCTGDEDYTYLILRVIGNMGQTMEQLTPELKSSILKCVQSTKPSLMIQKAAIQALRKMEPKDKDQEVLLQTFLLDDASPGDKRLAAYLMLMRSQADINKIVQILPWEQNEQVKNF  
VASHIANILNSEELDIQDLKLVKEALKESQLPTVMDFRKF SRNYQLYKSVSLPSLD PASAKIEGNLIFDPNNYLPKESMLKTTLTAFGFASADLIEIGLEGKGFEPTEALFQKQGFPPDSVNKALYVWNGQVPDGVSKVLVDHFGY  
TKDDKHEQDMVNGIMLSVEKLIKDLKSKEVPEARAYLRILGEEGLGFASLHDLQLLKGKLLMGARTLQGI PQMIGEVIKRGSKNDFLHYIFMENAFELPTGAGLQIQISSSGVIAPGAKAGVKLEVANMQAELVAKPSVSVFVFNMG  
IIIPDFARSGVQMNNTFFHESGLEAHVALKAGKLFII PSKRPVKLLSGGNTLHLVSTTKTEVI PPLIENRQSWSVCKQVFPGLNYCTSGAYSNASSTDSASYPLTGDTRLELELRPTGEIEQYSVSATYELQREDRALVDTLKFV  
TQAEQAKQTEATMTFKYNRQSM TLSSEVQIPDFDVLGTILRVNDESTEGKTSYRLTLDIQNKKITEVALMGHLSCDTKEERKIKGVISIPRLQAEARSEILAHWSPAKLLQLQMDSSATAYGSTVSKRVAWHYDEEKIEFEWNTGTNV  
DTKMTSNFPVDLSYPKSLHMYANRLDHRVQTDMTFRHVGSKLIVAMS SWLQKASGLPYTQTLQDHLNSLKEFNLQNMGLPDFHI PENLFLKSDGRVKYTLNKNLSKIEIPLPFGGKSSRDLMLETVRTPALHFKSVGFHLPS  
REFQVPTFTI PKLYQLQVPLLGVLDLSTNVYSNLNWSASYSGGNTSTDFHSLRARYHMKADSVDDL SYNVOGSGETTYDHKNTFTLSYDGS LRHKFLDSNIKFSHVEKLGNNPVS KGLLI FDASSSWG PQMSASVHLD SKKKQHLF  
VKEVKIDGQFRVSSFYAKTYGLSCQRPNTGRLNGESNLRFNSSYLQGTNQITGRYEDGTLSTSTSDLQSGI IKNTASLKYENYELTLKSDTNGKYKNFATS NKM DMTFSKQNALRSEYQADYESLRFFSLLSGSLNSHGLELNA  
DILGTDKINS GAHKATLRIGQDGISTSATNLC SLLVLENE LNAELGLSGASMKLTNGRFREHNKAFSLDGKAA TELSLGSAYQAMILGVD SKNIFNFKVSQEGKLSNDMMGSYAEMKFDHTNSLNIAGLSLDFSSKLDNIYSS  
DKFYKQTVNLQLOPYSLVTTLNSDLKYNALDLTNNGKLRLEPLKLHVAGNLKGAYQNEIKHIYAISSAALSASYKADTVAKVQGVFESHRLNTDIAGLASAIDMSTNYSNDSLHFSNVFRSVMAPFTMTIDAHTNGNGKALWGEHT  
GQLYSKFLKAEPLAFTFSDHYKGSTSHHLVSRKSI SAALEHKVSALLTPAE ~ 280 peptide candidates!! NEKLSQLQTYM QFDQYIKDSYDLHLDKIAIANIIDEIIEKLSLDEHYHIRV  
FFETLQEYFERNQTIIVVLENVQRNLKHINIDQFVRKYRAALGKLPQQAND  
NLVKTIDHLHLFIENIDFNKSGSSTASWIONVDTKYQIRIQIQEKLQQLKRHIQNIIDIQHLAGKLOHIEAIDVRVLLDQLGTTISFERINDILEHVKHVFINLIGDFEVAEKINAFRAKVHELIEREYVDQIQVLMDKLVELAHQY  
KLKETIQKLSNVLQOVKIKDYFEKLVGFIDDAVKLNLNELSKFTFIEDVVKFLDMLIKKLSFDYHQFVDETNDKIREVTQRLNGEIQALELPQKAEALKLFLEETKATVAVYLESLODTKIITLIINWLQALSSASLAHMKAKFRET  
EDTRDRMYQMDIQEELQRYLSLVGQVYSTLVTYISDWWTLAAKNLTDFAEQYSIQDWAKRMKALVEQGFTVPEIKTILGTMFAFEVSLQALQKATFQTPDFIVPLTDLRIPSVQINFKDLKNIKIPSRFSTPEFTIINTFHI PSFTID  
FVEMKVKIIRTIDQMLNSELQWPVPDIYLRDLKVEDIPLARITLPDFRLPEIAIPEFIIPTLNLNDFQVPDLHIPEFQLPHISHTIEVPTFGKLYSILKIQSPLPTLDANADIGNGTTSANEGIAASITAKGESKLEVLNDFDQANA  
QLSNPKINPLALKESVKFSKYLRTEHGSEMLFFGNAIEGKSN TVASLHTEKNTLELSNGVIVKINNQLTLDNSTKYFHKLNIPKLD FSSQADLRNEIKTLLKAGHIAWTSSGKGSWKWACPRFSDEGTHESQISFTIEGPLTSFGLS  
NKINSKHLRVNQNLYVESGSLNFSKLEIQSQVDSQHVGHSVLTAKGMALFGEKAEFTGRHDAHLNGKVI GTLKNLSLFFSAQPF EITASTNNEGNLKVRFPLRLTGKIDFLNNYALFLS PSAQQASWQVSARFNQYKNQNF SAGNNE  
NIMEAHVGINGEANLDFLNIPLTIPEMRLPYTIITTPPLKDFSLWEKTGLKEFLKTTKQSFDSLVAQYKKNKHRHSITNPLAVLCEFISQSIKSFDRHFEKRNALDFVTKSYNETKIKFDKYKAEKSHDELPRTFQIPGYTVPVV  
NVEVSPFTIEMSAFGYVFPKAVMSPSFSILGSDVRVPSYTLILPSLELPLVHVPRNLKLSLPDFKELCTISHIFIPAMGNITYDFSFKSSVITLNTNAELFNQSDIVAHLLSSSSSVIDALQYKLEGTTRLTRKRGLKLATALSLSNK  
FVEGSHNSTVSLTTKNMEVSVATTKAQIPIILRMNFQELNGNTKSKPTVSSSMEFKYDFNSSMLYSTAKGAVDHKLSLESLSYFSIESSTKGDVKGSVLSREYSGT IASEANTYLNKSKSTRSSVKLQGTSKIIDDWNLVKNFAG  
EATLQRIYSLWEHSTKNHLQLEGLFTNGEHTSKATLELSPWQMSALVQVHASQPSFHDFPDLGQEVNANTKNQKIRWKNEVRIHSGSFQSQVELSNDQEKALDIAGSLEGLRFLKNIILPVYDKSLWDFLKLVDVTTSIGRRQ  
HLRVSTAFVYTKNPNNGYSFSIPVKVLADKFIIPGLKLNLDLNSVLVMPFTHVPFDTLQVPSCKLDFREIQIYKLR TSSFALNPLTLPEVKFPEVDVLT KYSQPEDSLIPFPEITVPESQLTVSQFTLPKSVSDGIAALDLNAVANKIA  
DFELPTIIVPEQTIEIPIKFSVPAGI VIPSFQAL TARFEVDSPVYNATWSASLKNKADYVETVLDSTCSSTVQFLEYELNVLGTHKIEDGT LASKTKGTFAHRDVSFAEYEDGKYEGLEWEGKAHLNIKSPAFTDLHLRYQKDKK  
ISTSAASPAGVTVMGMDDEDDDFSKWNFYSPQSSPKLLTI FKTELVRRESDEETQIKVNWEAAA SGLLTS LKDNVPKATGVLYDYVNKYHWEHTGLTLREVSSKLRRLNQNNAEWVYQGAIRQIDDI DVRFQKAASGTTGTGYQEW  
KDKAONLYQELLTQEQASFGQLKDNVFDGLVRVTFEFHMKVKHLIDSLIDFLNFRFPQFPGKPGIYTRVELCTMFIREVGTVLSQVYSKVHNGSEILFSYFQDLVITLPPFELRKHKLIDVISM YRELLKDL SKEAQEVFKAIQSLKT  
TEVLRNLQDLLQFI FQLIEDNIKQLKEMKFTYLINYIQDEINTIFSDYIPYVFKLKENLCLNLHKFNEFIQNELQEQASQELQQIHQYIMALREEYFDPSPVIGWTVKYYELEEKIVSLIKNLLVALKDFHSEYIVSASNFTS QLS SQV  
EQFLHRNIQEYLSILTDPDGKGEKIAELSATAQEIKSQAIATKKIISDYHQQFRYKQLQDFSDQLSDYIEKFAESKRLIDLSIQNYHTFLIYITELLLKQLSTVMNPMYKLPAGELTIIIL



## Apolipoprotein B48

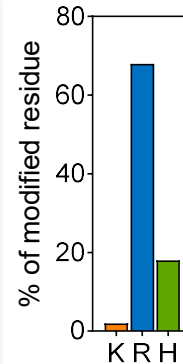
# Identification of a proteolytic peptide representative of apoB100 glycation by MGO



☐ MGO primarily targets arginine to form MGH and CEA.

Human apoB100: domains 4 and 5

H<sub>2</sub>N~K<sup>2833</sup>YLR\*TEHGSEMLFFGNAIEGKSNTVASLHTEKNTLELSNGVIVKINNQLTLDSENTKYFHK  
 LNI PKLDFSSQADLR\*NEIKTLLKAGHIAWTSSGKGSWKWACPRFSDGTHESQISFTIEGPLTSFGL  
 SNKINSKHLR\*VNQNLVYESGSLNFSKLEIQSQVDSQHVGHSVLTAKGMALFGEKAEFTGRHDAHL  
 NGKVI GTLKNLSLFFSAQPFEITASTNNEGNLKVRFPLR\*LTGKIDFLNNYALFLSPAQQASWQVSAR  
 FNQYKYNQNFSAAGNENIMEAHVINGEANLDFLNIPLTIPEMRLPYTIIITPPLKDFSLWEKTGLKEF  
 LKTTKQSFDSL SVKAYKKNKHRSITNPLAVLCEFISQSIKSFDRHFEKNR\*NNALDFVTKSYNETKI  
 KFDKYKAEKSHDELPRTFQIPGYTVPVNVVEVSPFTIEMSAFGYVFPKAVSMPSFSLGSDVRVPSYTL  
 I LPSLELPVLHVP\*R\*NLKLSLDPDFKELCTISHIFIPAMGNITYDFSFKSSVITLNTNAELFNQSDIVA  
 HLLSSSSVIDALQYKLEGTTRLT\*KRGLKALATLSLKNFVEGSHNSTVSLTTKNMEVSVATTTKAQ  
 IPILR\*MNFKQELNGNTKSKPTVSSSMEF<sup>3460</sup>~CO<sub>2</sub>H

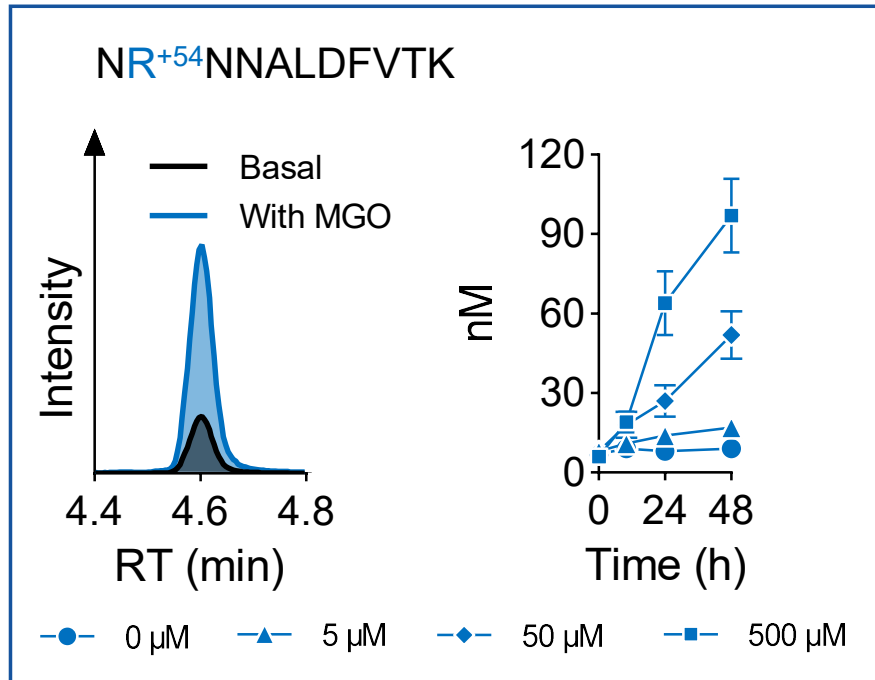


- ☐ In the apoB100-to-LDLR interaction domain, MGH and CEA levels are positively correlated.
- ☐ Two peptides were detected *in vivo* (plasma) but only one (NR<sup>+54</sup>NNALDFVTK) has been validated for high throughput analyses.

\* Sensitive to other glycating agents

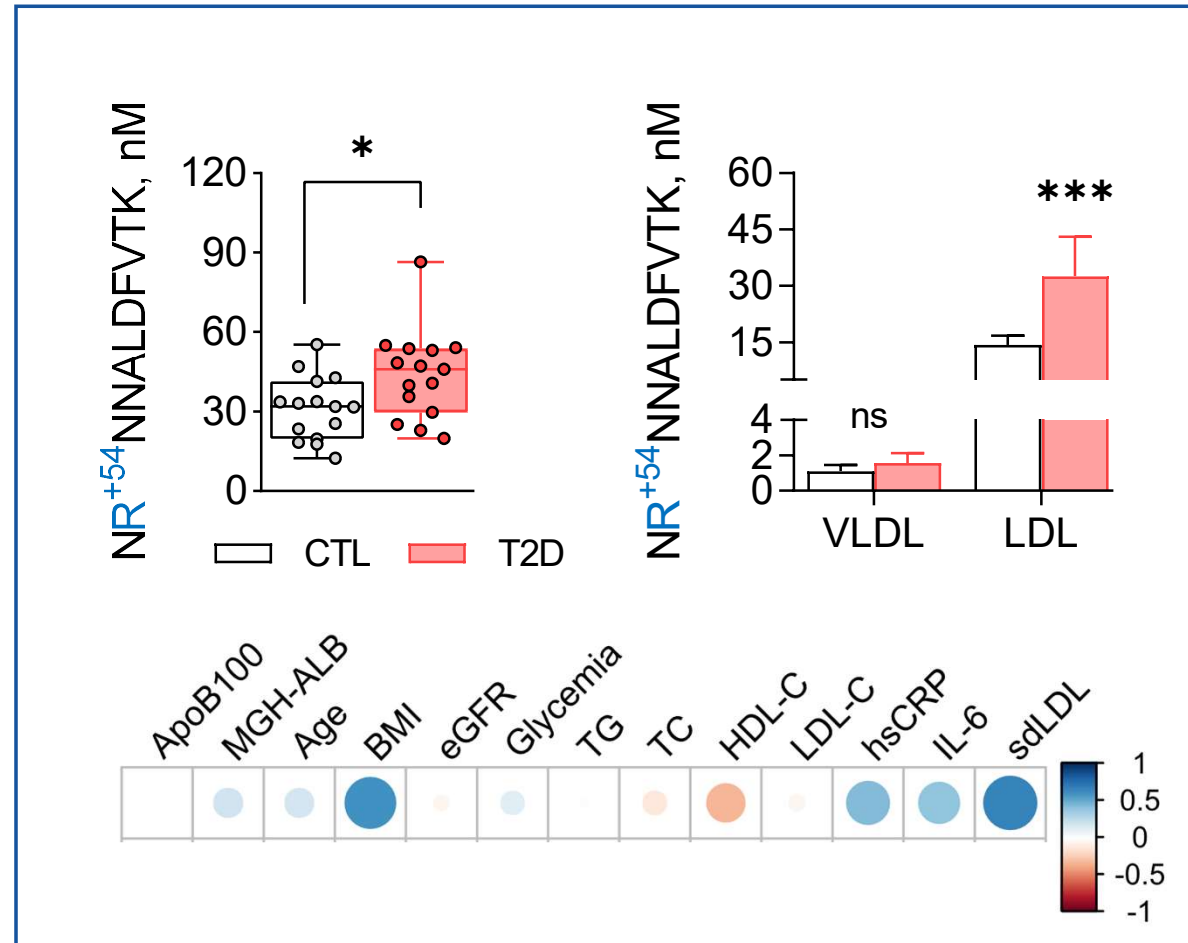
# Identification of a proteolytic peptide representative of apoB100 glycation by MGO

## 1 Ex vivo



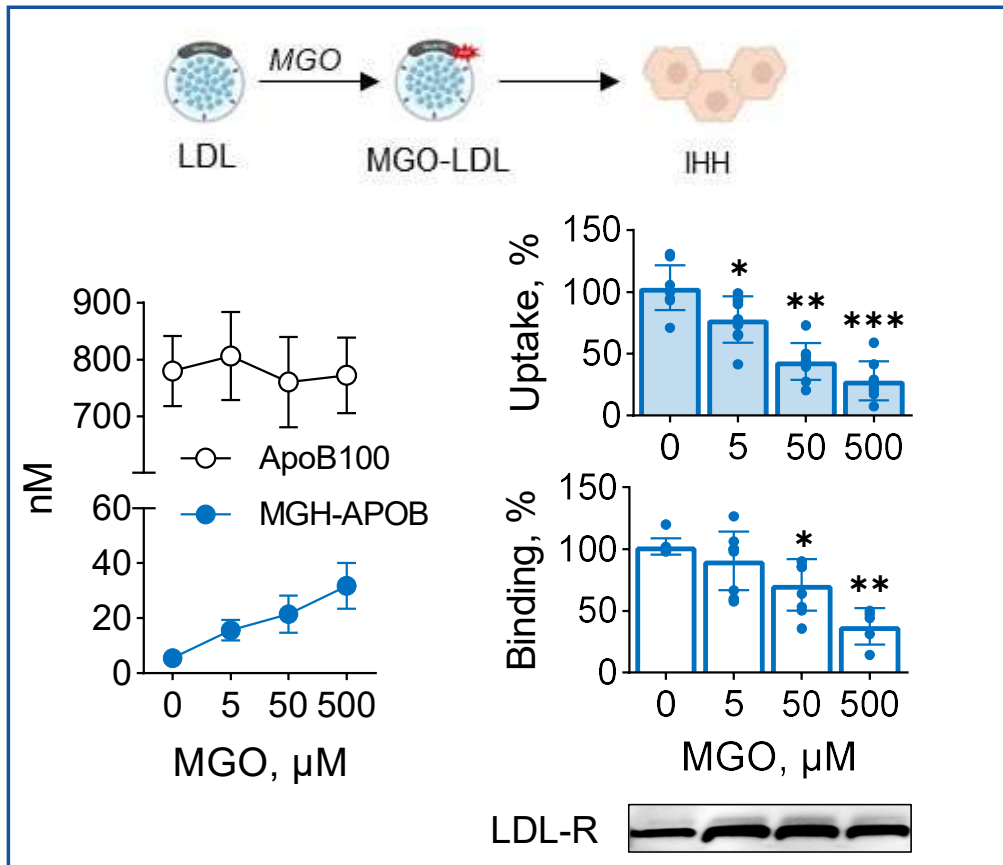
Plasma levels of NR<sup>+54</sup>NNALDFVTK (called MGH-APOB) are increased in T2D patients and primarily detected in LDL particles.

## 2 In vivo

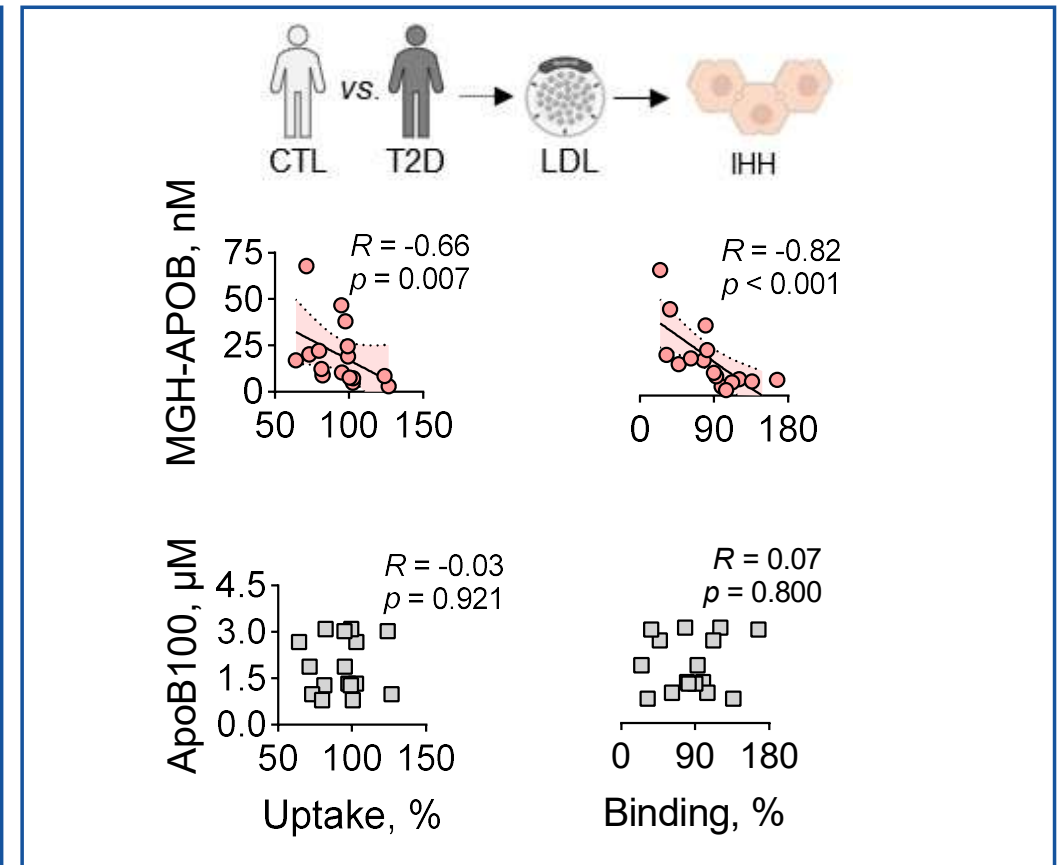


# ApoB100 glycation by MGO reduces the hepatic catabolism of LDL

## 1 In vitro

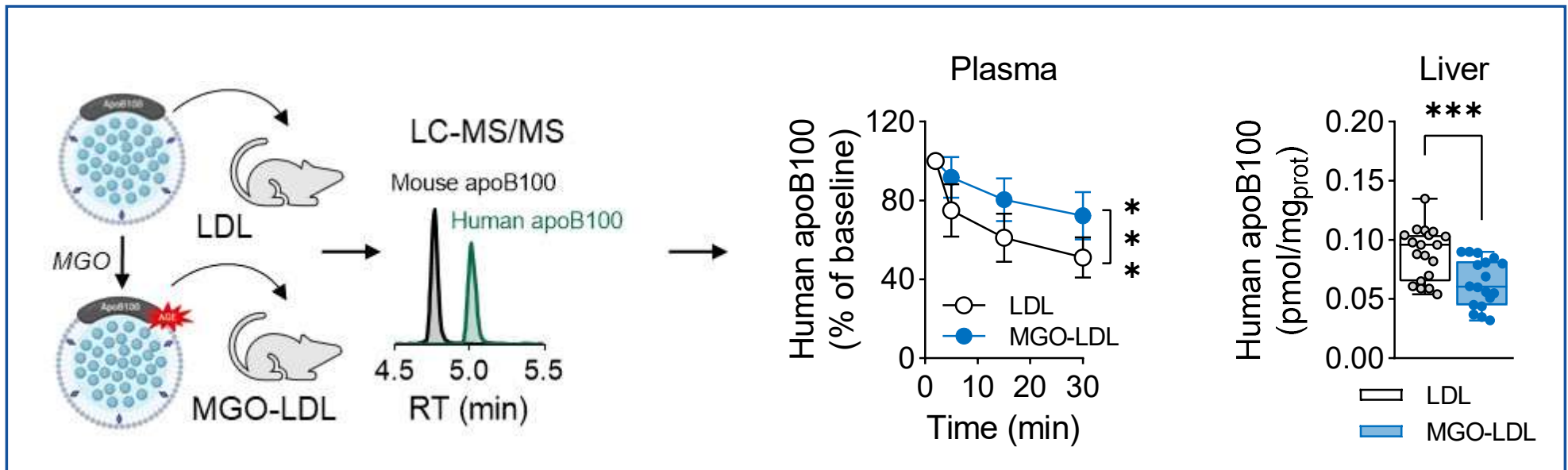


## 2 Ex vivo



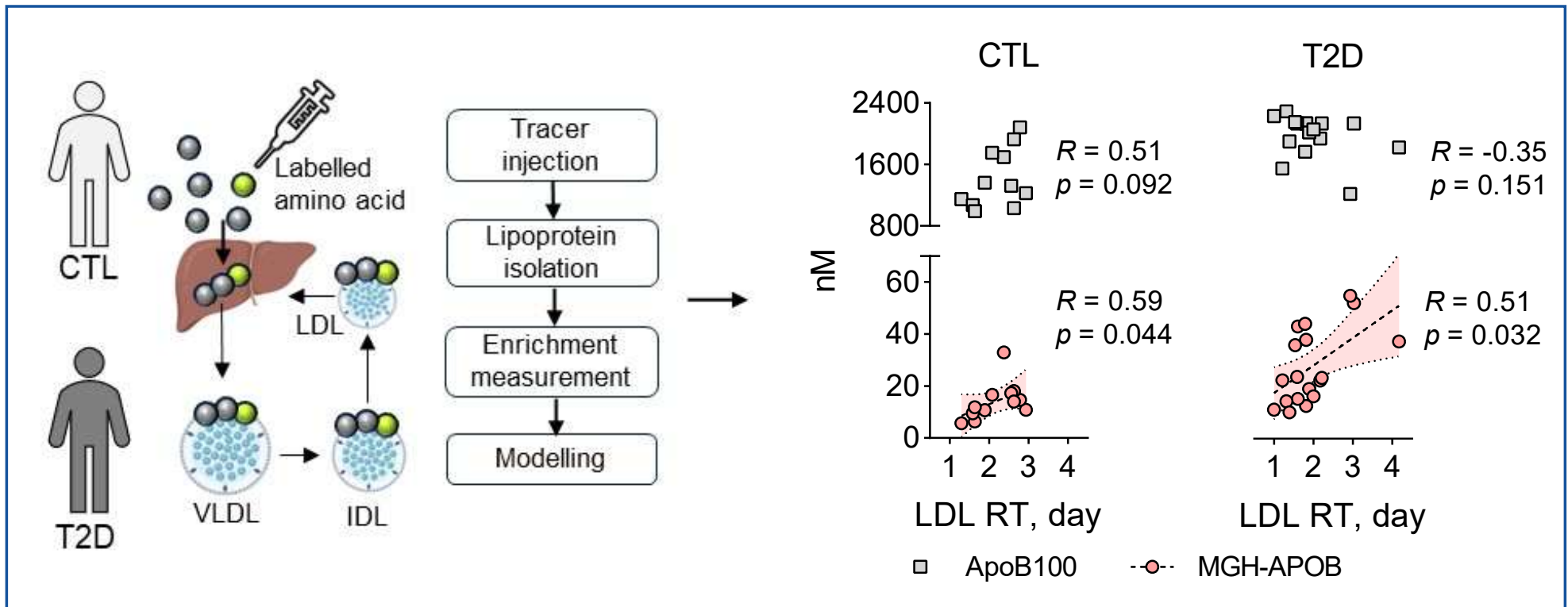
# ApoB100 glycation by MGO reduces the hepatic catabolism of LDL

## 3 In vivo in mouse (C. Le May)



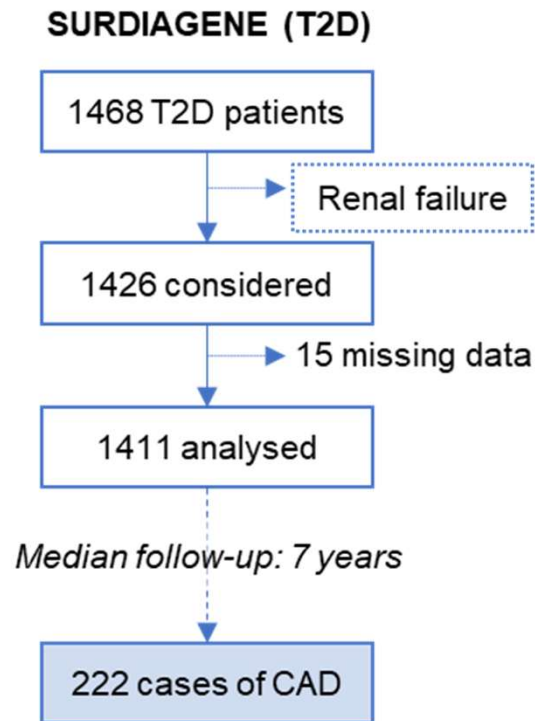
# ApoB100 glycation by MGO reduces the hepatic catabolism of LDL

## 4 *In vivo in human (stable isotope kinetic study, B. Vergès)*



# Association of MGH-APOB plasma concentration and incident CAD in T2D

► Longitudinal & prospective studies (S. Hadjadj, P.J. Saulnier, M. Wargny)



Parameters	Ajusted HR	HR (95% CI)	P
MGH-APOB		1.180 (1.050, 1.330)	0.006**
apoB100		1.140 (1.010, 1.300)	0.039*
non-HDL-C		1.080 (0.940, 1.240)	0.29
MGH-ALB		1.010 (0.890, 1.150)	0.91

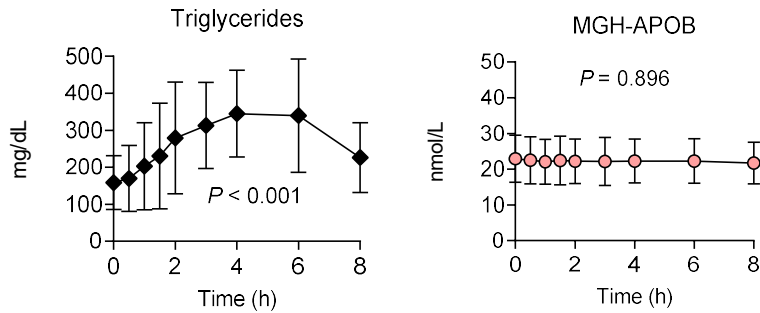
HR per 1 SD adjusted for sex, age, BMI, uACR, eGFR, history of CAD, HbA<sub>1c</sub> and HDL-C

□ MGH-APOB remains significant after adjustment for non-HDL-C, apoB100 and MGH-ALB : **HR 1.16 [1.03 – 1.31]; p = 0.015**

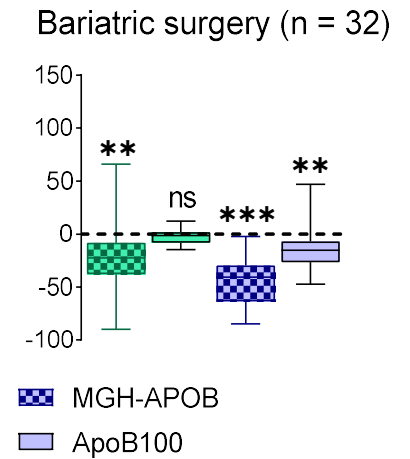
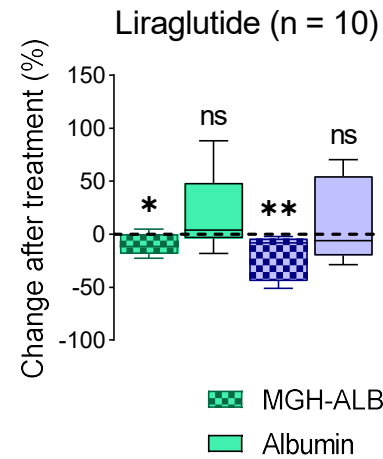
► To be replicated (in progress): DIABHYCAR, D.E.S.I.R.

# Effects of lipid- or glucose lowering treatments

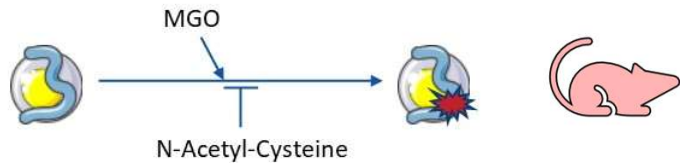
## 1 Impact of food intake (B. Cariou)



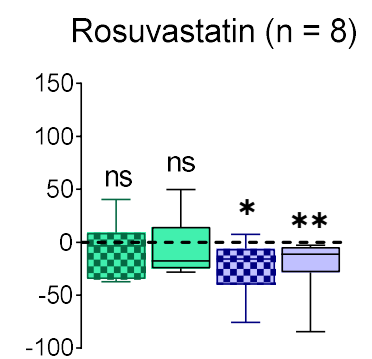
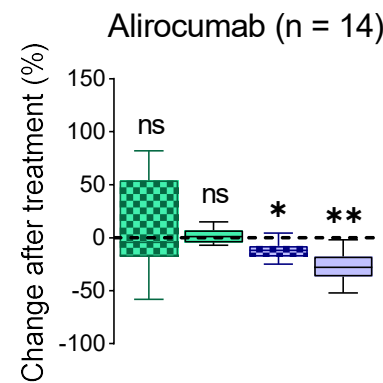
## 2 Treatments (B. Cariou, B. Vergès, R. Valéro)



## 3 Treatments (C. Le May)



Effect of drugs capable of neutralizing MGO in progress



## General conclusion

### ▶ Take-home message

**Proteins are biomarkers for early disease detection. PTMs give key insights into organ dysfunction** and cellular stress, but remain **complex to analyse**. Chronic hyperglycaemia, dyslipidaemia, and nephropathy alter PTM dynamics and some **specific PTMs are implicated in the pathogenesis of chronic diseases**.

### ▶ Future directions

**Develop multiplexed assays** to quantify diverse apolipoprotein proteoforms; focus on clinically relevant, functionally impactful biomarkers to improve CV risk stratification.

### ▶ Translational approach

**Bridge basic science with clinical application** to clarify links between metabolic dysregulations, lipoprotein metabolism, and CVD.

### ▶ Ultimate goal

**Improve care for high-risk patients**, identify **novel therapeutic targets** through apolipoprotein PTMs, consider PTMs as direct therapeutic targets in the future.



**Chloé Chevalier**  
Samy Hadjadj  
**Arsênio Rodrigues**  
Chloé Cloteau  
Cédric Le May  
Antoine Rimbert  
Antoine Lainé  
Matthieu Wargny  
Bertrand Cariou

Maxime Carpentier  
Edith Bigot-Corbel  
Thibaut Quillard  
Pierre-Jean Saulnier  
Bruno Vergès  
René Valéro  
Marine Letertre

**Thank you for your  
attention**

[umr1087.univ-nantes.fr](http://umr1087.univ-nantes.fr)



L'unité de recherche de l'institut du thorax  
Inserm UMR 1087 / CNRS UMR 6291  
Nantes, France



Daniel Buren et Patrick Bouchain, Les Anneaux, Quai des Antilles, Nantes, création pérenne Estuaire 2007 © Martin Argyropoulos/AN